

QUTENZA treatment and application appointment reminder

Qutenza[®]
(capsaicin) 8% topical system



For up to 3 months of relief from diabetic nerve pain of the feet or post-shingles nerve pain

Before QUTENZA application



Bring socks and reading material to your appointment.



A topical anesthetic will be applied to the treatment area to reduce discomfort during QUTENZA application.



Tell your physician if you have high blood pressure that is not well controlled by medicine, or have had recent heart problems, stroke, or other vascular problems.

After QUTENZA application



Any discomfort will be treated with cold packs and/or an appropriate pain medication.



Areas treated with QUTENZA may be sensitive to heat; avoid showers or baths, direct sunlight, and vigorous exercise for a few days after treatment.

Schedule your next QUTENZA appointments

It is important to schedule a QUTENZA application every 3 months, or as warranted by the return of pain (not more frequently than every 3 months).

Next appointment: _____

Important instructions: _____

Doctor's office phone number: _____

Month

Day

Time: _____

Month

Day

Time: _____

Month

Day

Time: _____

Month

Day

Time: _____

INDICATION

QUTENZA[®] (capsaicin) 8% topical system is indicated in adults for the treatment of neuropathic pain associated with postherpetic neuralgia (PHN) and for neuropathic pain associated with diabetic peripheral neuropathy (DPN) of the feet.

IMPORTANT SAFETY INFORMATION

Treatment with QUTENZA must be performed only by a healthcare provider. You should never apply or remove QUTENZA yourself.

Please see additional Important Safety Information on next page.

Please see full Prescribing Information.

Qutenza[®]

(capsaicin) 8% topical system

IMPORTANT SAFETY INFORMATION (cont)

Contraindications

None

Warnings and Precautions

- Do not touch QUTENZA or items exposed to capsaicin. Touching QUTENZA and then accidentally touching other areas of your body can cause severe irritation of eyes, mucous membranes, respiratory tract, and skin.
- QUTENZA is not for use near eyes or mucous membranes. Do not sniff or inhale near QUTENZA as this may cause you to cough or sneeze.
- If any of these side effects become severe, tell your healthcare provider immediately.
- Even though a numbing medicine is used on the skin before applying QUTENZA, some patients may still experience substantial pain during the treatment. Tell your healthcare provider if you are experiencing pain; a cool compress or medicine for the pain can be provided to help lessen your discomfort.
- QUTENZA can cause serious side effects, including pain and increases in blood pressure during or right after treatment.
- Your healthcare provider should check your blood pressure during treatment with QUTENZA.
- If you have high blood pressure that is not well controlled by medicine, or have had recent heart problems, stroke, or other vascular problems, you may be at increased risk and should discuss with your doctor whether QUTENZA is right for you.
- Tell your doctor if you have reduced sensation in the feet. You may notice that you have less feeling for hot or sharp pain where QUTENZA was applied, but this is usually minor and temporary.

Side Effects

In all clinical trials, the most common drug-related side effects of QUTENZA were redness, pain, or itching where QUTENZA was applied. You should tell your doctor if any side effects bother you or do not go away.

Adverse Event Reporting

Physicians, other healthcare providers, and patients are encouraged to voluntarily report adverse events involving drugs or medical devices. To make a report you can:

- In the U.S., visit www.fda.gov/medwatch or call 1-800-FDA-1088; or
- For QUTENZA, you may also call 1-877-900-6479 and select option 1, or press zero on your keypad to talk to an operator to direct your call.

For more information, ask your healthcare provider or pharmacist.

Please see full [Prescribing Information](#).

Not an
actual patient.



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M-QZA-US-03-21-0067 April 2021

Learn more at QUTENZA.com.