

Qutenza[®]
(capsaicin) 8% topical system

MY NEXT QUTENZA TREATMENT



Not an actual patient.

Getting the most out of your QUTENZA treatment and **your 3-month follow-up appointment** starts here:

Month	<input type="text"/>	Appointment Notes: _____ _____ _____ _____
Day	<input type="text"/>	
Time	<input type="text"/>	



INDICATION

QUTENZA[®] (capsaicin) 8% topical system is indicated in adults for the treatment of neuropathic pain associated with postherpetic neuralgia (PHN) and for neuropathic pain associated with diabetic peripheral neuropathy (DPN) of the feet.

IMPORTANT SAFETY INFORMATION

Treatment with QUTENZA must be performed only by a healthcare provider. You should never apply or remove QUTENZA yourself.

Please see additional Important Safety Information inside.

Please see accompanying full Prescribing Information.

HERE'S WHAT TO EXPECT AFTER YOUR APPOINTMENT

You may wash the treated area with mild soap and lukewarm water.

Once QUTENZA is removed, a Cleansing Gel will be applied to the treatment area for at least one minute.

Areas treated with QUTENZA may be sensitive to heat. Avoid the following for a few days after treatment:

- Hot showers/baths
- Direct sunlight
- Vigorous exercise

IMPORTANT SAFETY INFORMATION (cont)

Contraindications

None

Warnings and Precautions

- Do not touch QUTENZA or items exposed to capsaicin. Touching QUTENZA and then accidentally touching other areas of your body can cause severe irritation of eyes, mucous membranes, respiratory tract, and skin.
- QUTENZA is not for use near eyes or mucous membranes. Do not sniff or inhale near QUTENZA as this may cause you to cough or sneeze.

Please see additional Important Safety Information on back.

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- QUTENZA is not for use near eyes or mucous membranes. Do not sniff or inhale near QUTENZA as this may cause you to cough or sneeze.
- If any of these side effects become severe, tell your healthcare provider immediately.
- Even though a numbing medicine is used on the skin before applying QUTENZA, some patients may still experience substantial pain during the treatment. Tell your healthcare provider if you are experiencing pain; a cool compress or medicine for the pain can be provided to help lessen your discomfort.

Please see additional Important Safety Information on back.



Scan the code for more information about QUTENZA treatment and what you can expect, or visit QUTENZA.com.

HERE'S WHAT TO EXPECT AFTER YOUR APPOINTMENT

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IMPORTANT SAFETY INFORMATION (cont)

Contraindications

None

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MY TREATMENT GOALS

Share your QUTENZA treatment progress. Start by listing your goals and track how your treatment progresses until your next visit. Share and discuss this card with your doctor.

Goal: Example: Take a walk after dinner 2 times a week or more.

Goal: _____

Goal: _____

Goal: _____

Goal: _____

Remember to schedule a QUTENZA treatment every 3 months, or as warranted by the return of pain (not more frequently than every 3 months).

IMPORTANT SAFETY INFORMATION (cont)

Warnings and Precautions (cont)

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NOTES

Having a conversation with your doctor about your progress is important. Write down anything you want to discuss at your next visit in 3 months.

Notes: _____



Scan the code to follow the QUTENZA Facebook page.



Scan the code to subscribe and watch videos on the QUTENZA YouTube channel.

IMPORTANT SAFETY INFORMATION (cont)

Warnings and Precautions (cont)

- QUTENZA can cause serious side effects, including pain and increases in blood pressure during or right after treatment.
- Your healthcare provider should check your blood pressure during treatment with QUTENZA.

Please see additional Important Safety Information on back.

IMPORTANT SAFETY INFORMATION (cont)

- QUTENZA can cause serious side effects, including pain and increases in blood pressure during or right after treatment.
- Your healthcare provider should check your blood pressure during treatment with QUTENZA.
- If you have high blood pressure that is not well controlled by medicine, or have had recent heart problems, stroke, or other vascular problems, you may be at increased risk and should discuss with your doctor whether QUTENZA is right for you.
- Tell your doctor if you have reduced sensation in the feet. You may notice that you have less feeling for hot or sharp pain where QUTENZA was applied, but this is usually minor and temporary.

Side Effects

In all clinical trials, the most common drug-related side effects of QUTENZA were redness, pain, or itching where QUTENZA was applied. You should tell your doctor if any side effects bother you or do not go away.

Adverse Event Reporting

Physicians, other healthcare providers, and patients are encouraged to voluntarily report adverse events involving drugs or medical devices. To make a report you can:

- In the US, visit www.fda.gov/medwatch or call 1-800-FDA-1088; or
- For QUTENZA, you may also call 1-877-900-6479 and select option 1, or press zero on your keypad to talk to an operator to direct your call.

For more information, ask your healthcare provider or pharmacist.

Please see full Prescribing Information.