A single, 1-hour, *localized* treatment may provide 3 months of relief from post-shingles nerve pain.

Qutenza® is indicated for the management of neuropathic pain associated with postherpetic neuralgia.

Serious side effects can include pain and increases in blood pressure during or right after treatment. In clinical studies, the most common side effects, which occurred in 5% or more of patients, were redness, pain, itching, small bumps, and nausea. These occurred at the patch application site.¹

**PLEASE SEE ENCLOSED FULL PRESCRIBING INFORMATION.**
What medications are used to treat post-shingles nerve pain?

There are several medications approved by the Food and Drug Administration (FDA) for post-shingles nerve pain, also known as postherpetic neuralgia.

- Oral medicines, or pills, are taken daily and act on the nervous system.
- A skin patch is available that can be applied to the site of pain for up to 12 hours, once per day.

What is Qutenza?

Qutenza is a patch that may provide 3 months of pain relief from a single, 1-hour treatment in your doctor’s office. Treatment may be repeated every 3 months or as needed by the return of pain, but not more often than every 3 months. The medicine in Qutenza is prescription-strength capsaicin, which is the substance in chili peppers that gives them their heat sensation. Qutenza is the first and only treatment of its kind to deliver prescription-strength capsaicin directly into the skin.

IMPORTANT SAFETY INFORMATION

Serious side effects can include pain and increases in blood pressure during or right after treatment. In clinical studies, the most common side effects, which occurred in 5% or more of patients, were redness, pain, itching, small bumps, and nausea. These occurred at the patch application site.

Is Qutenza® proven to work?

In clinical studies Qutenza has been shown to relieve pain for up to 3 months in people with post-shingles nerve pain. Qutenza has been shown to be effective for patients who are already taking other pain medicines. Qutenza is unlikely to interact with other medicines you may be taking. Like any medicine, Qutenza may not work for everyone. Only you and your doctor can decide if Qutenza is right for you.

IMPORTANT SAFETY INFORMATION (continued)

Treatment with Qutenza must be performed only by a healthcare provider. You should never apply or remove Qutenza yourself.

Warnings and Precautions:

- Qutenza is not for use near eyes or mucous membranes. Do not sniff or inhale near the Qutenza patch as this may cause you to cough or sneeze.

PLEASE SEE ENCLOSED FULL PRESCRIBING INFORMATION.
What are the most common side effects of Qutenza?
The most common side effects experienced by 5% or more of patients are: redness, pain, itching, and small bumps where Qutenza is applied, and nausea.¹

Why does Qutenza have to be applied by my doctor or healthcare professional?
Qutenza contains prescription-strength capsaicin capable of producing irritation of the eyes, skin, or other parts of the body. It must be applied by a doctor or healthcare professional who is familiar with proper Qutenza administration, handling it with special gloves, and disposal to prevent accidental contact with Qutenza.
Also, your blood pressure needs to be monitored during your treatment because the response to pain during the treatment may cause blood pressure to increase.

Please see Important Safety Information on page 11.

What should I discuss with my doctor or healthcare professional before using Qutenza®?
Tell your doctor or healthcare professional if you:
- Have high or unstable blood pressure or if you have recently had any heart problems or stroke. If so, you may have an increased risk of heart problems or stroke during treatment, since treatment-related pain may cause an increase in your blood pressure. Your doctor or healthcare professional will monitor your blood pressure during and shortly after your Qutenza treatment.
- Are taking any narcotic pain medicines such as codeine, hydrocodone, oxycodone, or morphine, among others. Your doctor needs this information in order to possibly select a different type of pain medicine to be used during your Qutenza treatment if needed.
- Are pregnant or breastfeeding.

IMPORTANT SAFETY INFORMATION (continued)
Warnings and Precautions (continued):
- Do not touch the Qutenza patch with your hands. If you touch the patch, it may cause burning and stinging; if this occurs, tell your healthcare provider.
- Even though a numbing medicine is used on the skin before applying Qutenza, some patients may still experience substantial pain during the treatment. Tell your healthcare provider if you are experiencing pain; a cool compress or medicine for the pain can be provided to help lessen your discomfort.

IMPORTANT SAFETY INFORMATION (continued)
Warnings and Precautions (continued):
- Qutenza can cause serious side effects including pain and increases in blood pressure during or right after treatment.
- Your healthcare provider should check your blood pressure during treatment with Qutenza.
- Patients who have high blood pressure that is not well controlled by medicine, or who have had recent heart problems, stroke, or other vascular problems, may be at increased risk and should discuss with their doctor whether Qutenza is right for them.

PLEASE SEE ENCLOSED FULL PRESCRIBING INFORMATION.
Learn about the Qutenza® application

What happens during the treatment?

1. **Identify**
   Your skin in the painful area should be dry and unbroken. Your doctor will mark the treatment area on your skin. If necessary, your hair in and around the treatment area may be clipped (not shaved) by your doctor or healthcare professional to ensure that the patch will stick. The treatment area will then be gently washed with mild soap and water and dried thoroughly.

2. **Numb**
   A numbing gel or cream will be applied to the painful area and left on long enough to reduce discomfort associated with the patch application. The gel or cream will be removed, and the treatment area will be gently washed with mild soap and water and dried thoroughly.

3. **Apply**
   The Qutenza® patch or patches (up to 4) can be cut to the shape of the painful area and applied to your skin for 60 minutes. During the treatment, you must not touch the patch or the treatment area. Your doctor or healthcare professional will carefully avoid exposing the capsaicin to your eyes, mucous membranes, face and scalp, and any skin outside the treatment area. In addition, care will be taken to prevent potential airborne capsaicin from being inhaled. It is common for the skin to become red or for you to feel a burning sensation during this time. Your doctor or healthcare professional may manage your pain with a cold pack or pain medicines.

4. **Remove**
   After 60 minutes, the Qutenza patch will be gently removed.

5. **Cleanse**
   The final step is to cleanse your treatment area by applying a special Cleansing Gel that will be left on for at least 1 minute before it is removed. The treatment area will be gently washed with mild soap and water and dried thoroughly.
Is there pain during the treatment?
Some pain during the treatment is common, due to the prescription-strength capsaicin in Qutenza. It’s important that you tell your doctor or healthcare professional how you are feeling during the application process. If you experience pain, tell your doctor—they may help reduce your discomfort. Your healthcare professional may use cold packs or pain medicine to reduce treatment-related discomfort. Also, because the pain may cause an increase in blood pressure, your doctor or healthcare professional will measure your blood pressure during your treatment.

What can I expect during my treatment?
For Qutenza patients in clinical studies, temporary increases in pain were common on the day of treatment. Pain increases that occurred during patch application usually began to decrease after patch removal. On average, pain returned to pretreatment levels by the end of the treatment day and then remained at or below pretreatment levels. The adverse reactions of most Qutenza patients were “mild” or “moderate.”

What else should I remember about Qutenza?
► Ask your doctor if someone should drive you home after the treatment. Qutenza is unlikely to have an effect on your ability to drive, but some patients may require temporary use of pain-reducing medicines during or after their treatment. Some of these medicines, such as narcotic pain medicines, may influence your ability to drive or use machinery on the days they are taken.
► Do not touch Qutenza during treatment as this may burn or irritate your eyes, nose, face, scalp, or other sensitive areas.
► The areas treated with Qutenza may be sensitive to heat, so you may wish to avoid hot showers or baths, direct sunlight, and exercising for a few days following treatment.

IMPORTANT SAFETY INFORMATION (continued)
Side Effects:
• In clinical studies, the most common side effects of Qutenza, which occurred in 5% or more of patients, included redness, pain, itching, small bumps, and nausea. These side effects occurred at the patch application site.
• You should tell your doctor if any side effects bother you or do not go away.
These are not all the side effects of Qutenza. For more information, ask your healthcare provider or pharmacist.

PLEASE SEE ENCLOSED FULL PRESCRIBING INFORMATION.
Health insurance coverage of Qutenza® may vary from plan to plan. For more information about reimbursement support, call:

Reimbursement Support
Call: 877-900-6479, option 3
Monday–Friday
8AM–8PM EST
Click: www.Qutenza.com

Indication
Qutenza® is indicated for the management of neuropathic pain associated with postherpetic neuralgia.

IMPORTANT SAFETY INFORMATION
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Warnings and Precautions:
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• Do not touch the Qutenza patch with your hands. If you touch the patch, it may cause burning and stinging. If this occurs, tell your healthcare provider.
• Even though a numbing medicine is used on the skin before applying Qutenza, some patients may still experience substantial pain during the treatment. Tell your healthcare provider if you are experiencing pain; a cool compress or medicine for the pain can be provided to help lessen your discomfort.
• Qutenza can cause serious side effects including pain and increases in blood pressure during or right after treatment.
• Your healthcare provider should check your blood pressure during treatment with Qutenza.

Side Effects:
• In clinical studies, the most common side effects of Qutenza, which occurred in 5% or more of patients, included: redness, pain, itching, and small bumps where Qutenza was applied, and nausea.1
• You should tell your doctor if any side effects bother you or do not go away.

These are not all the side effects of Qutenza. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

FOR MORE INFORMATION, PLEASE SEE ENCLOSED FULL PRESCRIBING INFORMATION.

References:
Qutenza® for treating post-shingles nerve pain

**Qutenza**
- May provide 3 months of pain relief from a single, 1-hour application in your doctor’s office.
- Acts locally to treat your post-shingles nerve pain.
- Is not a narcotic and is unlikely to interact with other prescription drugs.

**IMPORTANT SAFETY INFORMATION**
Serious side effects can include pain and increases in blood pressure during or right after treatment. In clinical studies, the most common side effects, which occurred in 5% or more of patients, were redness, pain, itching, small bumps, and nausea. These occurred at the patch application site.

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